

COMBATING  
**VIOLENCE**  
AGAINST  
**WOMEN**



What does characterize this violence  
and how to report it?



# Combating violence against women

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and how to report it?



Booklet to promote health education actions and activities in the community. Developed by the team of the project intitled "**Combating violence against women: dialogues between health and human rights**" developed at Ribeirão Preto College of Nursing, University of São Paulo, with support from the Pro-Rectorcy of Culture and University Extension of USP, granted by the EDITAL 02/2021, whose goal is to financially support projects that demonstrate their link to culture and university extension through the application and dissemination of their knowledge, and other initiatives aimed at interacting with society. The use and reproduction of this material must be informed to the authors, maintained form and content, as well as respecting all copyrights.

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# WHAT IS **VIOLENCE** ?



**Violence** is the use of any force to compel another person to do something; to embarrass; to take away freedom; to annoy; to prevent another person from carrying out his or her will, leading to constant threats, assaults, or even death.

# WHAT IS VIOLENCE AGAINST WOMEN?

## Gender violence

Relationship of male domination and female obedience, where men tend to control the women's desires, opinions, and rights.



## Domestic violence

Violence that occurs within the home, in relationships between people in one's own family.

## Intimate Partner Violence

Violence in couple relationships, occurs inside or outside the home, also occurring with ex-partners or ex-cohabitants.



# WHAT ARE THE *TYPES* OF VIOLENCE AGAINST WOMEN?

## Moral violence

This is considered any conduct that amounts to lying, falsehood, or insult.

**Examples:** *Accusing the woman of cheating in a lying way; making lying criticisms and exposing the woman's intimate life.*



## Assets violence

Understood as any conduct that constitutes removal, partial or total destruction of objects, work instruments, personal documents, property, values and rights or economic resources, including those destined to meet their needs.

**Examples:** *Excessive control of money; failure to pay alimony; destruction of the woman's documents and objects.*







## Psychological violence

Actions or omissions that demean, dominate, humiliate, controlling acts, behaviors, beliefs, and decisions.

**Examples:** *Threatening the woman, children or family; manipulating the woman; forbidding the woman to talk to friends and relatives; constant surveillance; stalking and blackmail.*

# WHAT ARE THE *TYPES* OF VIOLENCE AGAINST WOMEN?



## Physical violence

Use of physical force that results in suffering, death, psychological harm, impaired development, or any kind of absence.

**Examples:** *Spanking; throwing objects; shaking and squeezing of arms; strangulation or suffocation; injury with sharp objects; injury from burning or firearms, and torture.*



## Sexual violence

Act of force in which the aggressor forces another person to have sexual intercourse against his or her will, using manipulation, physical force, threat, or bribery.

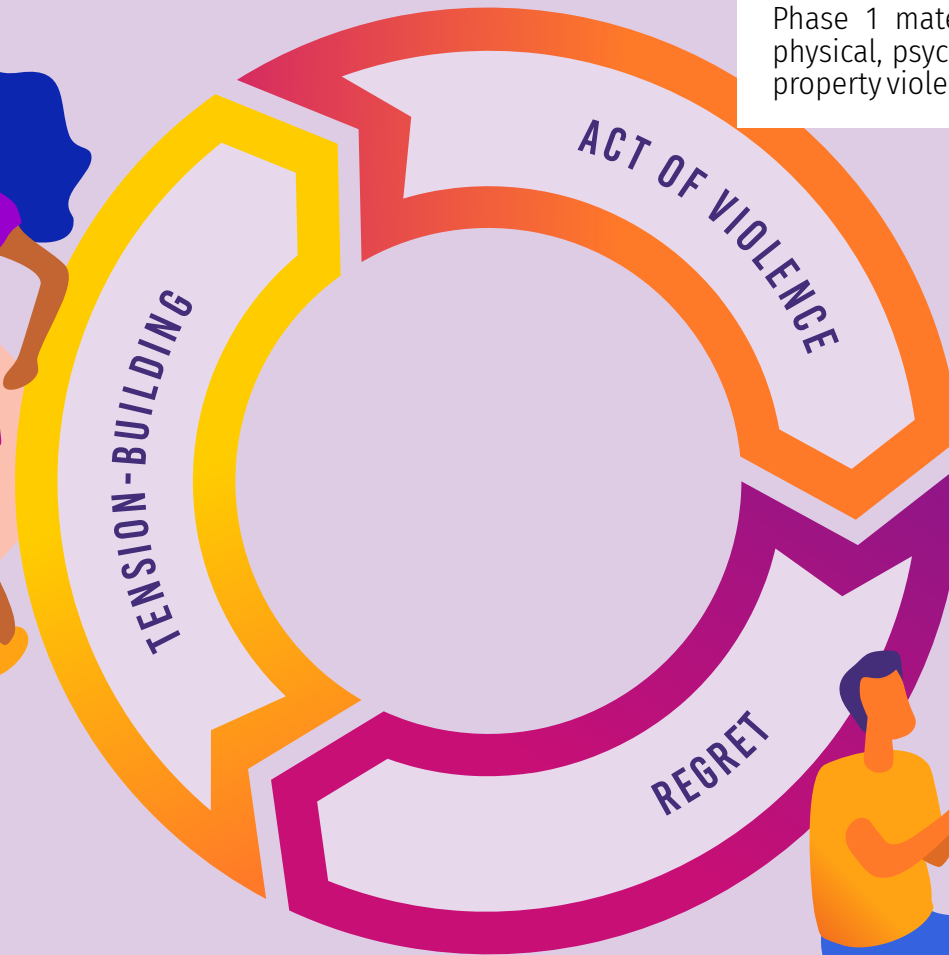
**Examples:** Rape; forcing the performance of sexual acts that cause discomfort or repulsion; preventing use of contraceptive methods; forcing abortion; forcing marriage, pregnancy or prostitution; limiting or nullifying a woman's exercise of sexual and reproductive rights.

# THE *CICLE* OF VIOLENCE AND ITS IMPACTS



## Phase 1

The aggressor is tense and irritated by insignificant things, the aggressor has fits of rage, humiliates the woman, makes threats, and destroys objects.



## Phase 2

It corresponds to the aggressor's explosion, in other words, the lack of control reaches its limit and leads to the violent act. Here, all the tension accumulated in Phase 1 materializes in verbal, physical, psychological, moral, or property violence.



## Phase 3

This is characterized by the aggressor's repentance and becoming kind in order to achieve reconciliation. The woman feels confused and pressured to maintain her relationship, giving up her rights and resources, while he says he will "change".



# RIGHTS GRANTED TO WOMEN

Understanding the Laws:



## **Law No. 11.340, of August 7, 2006** **Maria da Penha Law**

The Maria da Penha Law was sanctioned on August 7, 2006, and creates mechanisms to prevent and confront domestic and family violence against women in accordance with the Federal Constitution (Section 226.8).



## **Law No. 12,845/2013 and Decree No. 7,958/2013** **Health Care**

Provides for the mandatory and comprehensive care of people in situations of sexual violence. It establishes guidelines for the care of people in situations of sexual violence by public safety professionals and the Unified Health System care network.



## **Law 13.104/2015** **Femicide**

Amends section 121 of Decree-Law nº 2.848, of December 7, 1940 - Penal Code, and section 1 of Law nº 8.072, of July 25, 1990, to provide the femicide as a qualifying circumstance of the crime of homicide and include femicide in the list of heinous crimes.

# HOW TO *REPORT* ?

Central **180** and Dial **100**



The Central de Atendimento à Mulher (Women's Call Center) is a nationwide service, created to combat violence against women and offers three types of service: registrations of complaints, orientation for people in situations of violence, and information about laws and campaigns. It provides information about the network of attendance in the women's municipality.



Disque 100 (Call 100) receives, analyzes and forwards reports of human rights violations related to the following groups and/or themes: children and adolescents, elderly and people with disabilities.



*Other important numbers:*

**190** Military Police

**193** Fire Department

**192** Emergency Service (Ambulance Service)

# WHERE TO SEEK **HELP?**

Guide to childcare/services in Ribeirão Preto

## Social Assistance

### Secretariat of Social Assistance Talk Social Assistance - FAS

☎ **161** (local call)  
**0800 77 30 161** (toll free)  
fasdenuncia.ribeirao.br

### Specialized Center for Assistance to Women - NAEA

📍 Rua João Arcadepani Filho, 400  
Nova Ribeirânia  
☎ **(16) 3636-3311 / 3603-1199**  
**98161-7723 / 99459-0124**

### Specialized Reference Center for Social Assistance - CREAS I

📍 Rua Augusto Severo, 819 – Vila Tibério  
☎ **(16) 3611-6000**

### Specialized Reference Center for Social Assistance - CREAS II

📍 Rua Leonor Domiciano Guimarães, 201  
Geraldo de Carvalho  
☎ **(16) 36177211 / 36242388**

### Specialized Reference Center for Social Assistance - CREAS III

📍 Rua Guido Borsaro, 594  
Parque Bandeirantes  
☎ **(16) 3965-2209 / 3965-4077**

### Reference Center for Social Assistance CRAS 1 – Central, Southeast and East Region

📍 Rua Marcondes Salgado, 253 – Centro  
☎ **(16) 3610-6495 / 3961-3033**  
Attendance from 08am to 12pm / 01pm to 05pm

### Reference Center for Social Assistance CRAS 2 – North Region

📍 Rua João Delibo, s/nº - (In front of number 749)  
Quintino Facci II (Temporary address)  
☎ **(16) 98161-6691 / 98161-6737**  
Attendance from 08am to 12pm / 01pm to 05pm

### Reference Center for Social Assistance CRAS 3 – Northwestern Region

📍 Rua Rio Grande do Norte 637 – Ipiranga  
☎ **(16) 3966-7280 / 3966-3400**  
Attendance from 08am to 12pm / 01pm to 05pm

### Reference Center for Social Assistance CRAS 4 – Western Region

📍 Rua José Antônio Bernardes, 1055  
Paulo Gomes Romeo  
☎ **(16) 3975-3418 / 3919-6030**  
Attendance from 08am to 12pm / 01pm to 05pm

### Reference Center for Social Assistance CRAS 5 – Southwest Region

📍 Rua Alfredo Condeixa, 950 - Jardim Marchesi  
☎ **(16) 3964-0819 / 3919-8002**  
Attendance from 08am to 12pm / 01pm to 05pm

### Reference Center for Social Assistance CRAS 6 – North Region

📍 Rua Benedito Jacinto de Souza, 330  
Florestan Fernandes  
☎ **(16) 3630-2385 / 3626-7222**  
Attendance from 08am to 12pm / 01pm to 05pm

### Reference Center for Social Assistance CRAS 7 – North Region

📍 Rua Gilberto Parizi, 136 (Residencial Vida  
Nova Ribeirão) - Bairro Jd. Cristo Redentor  
☎ **(16) 98161-7323 / 98161-6902**  
Attendance from 08am to 12pm / 01pm to 05pm

### Municipal Council for Women's Rights

📍 Rua Visconde de Abaeté, nº 232 - Sumaré  
☎ **(16) 3961-1430**

## Civil Society Organizations

### Women's House

📍 Rua Barão do Amazonas, 1065 – Centro  
☎ **(16) 3441-6435**  
📷 Instagram: @casadamulher\_rp  
📘 Facebook: casadamulher

### Royal Victory

📍 Rua Comandante Marcondes Salgado, 269  
☎ **(16) 99638-7064**  
📷 Instagram: @ongvitoriaregia

## Institutional Hosting

### Shelter House "Nilda Rocha Simões"

*for women in imminent risk of death, it is necessary that a psychosocial care is provided in the Specialized Service Center.*

Confidential address

☎ (16) 3636-3311 / 3603-1199 / 98161-7723  
99459-0124 (NAEM Referral Service)

### "Santa Faustina"

*temporary shelter for women - open door service*

📍 Rua Mogi Mirim, 45 - Jardim Salgado Filho II  
☎ (16) 3961-1801

### "Mudando Vidas"

*long term institutional shelter for women. It requires previous assistance in social assistance services*

📍 Avenida Dra. Nadir Aguiar, 1115  
Jardim Paiva

☎ (16) 3963-230 / 99250-7957 📞 WhatsApp

📷 Instagram: @projetomudandovidas

📘 Facebook: Projeto Mudando Vidas

## Public Safety

### Maria da Penha Patrol (PMP)

☎ 153 or (16) 3632-4747

### Women's Defense Police Station (DDM)

📍 Av. Costábile Romano, 3230  
Nova Ribeirânia

☎ (16) 3625-3368

### 1st Police District of Ribeirão Preto Duque de Caxias - Civil Police SP

📍 Rua Duque de Caxias, 1048 - Centro  
Open 24 hours - Pink Room

☎ (16) 3610-5666

## Justice

### Domestic and Family Violence Court Against Women

📍 Rua Alice Além Saadi, 1010  
Nova Ribeirânia

☎ (16) 3629-0004

### São Paulo State Public Defender's Office

📍 Rua Alice Além Saadi, 1256  
Nova Ribeirânia

☎ (16) 3965-4151

## Health

### Basic Health Units and Family Health Units

*See on the site the health unit closest to your residence*

<https://www.ribeiraopreto.sp.gov.br/portal/saude/relacao-unidades-saude>

### UPA EAST - Emergency Care Unit Dr. Luis Atilio Losi Viana

📍 Av. 13 de Maio, 353 - Jardim Paulistano

☎ (16) 3972-2868 / 3632-3067

### UPA NORTH - Nelson Mandela

📍 Avenida Euclides de Figueiredo, nº 295  
Adelino Simioni

☎ (16) 99634-7973

### UPA WEST - Profº Drº João José Carneiro

📍 Rua Terezina, nº 678 - Vila Maria Luiza

☎ (16) 99612-3203

### Emergency Unit of Hospital das Clínicas

📍 Rua Bernardino de Campos, 1000 - Centro

☎ (16) 3602-1000

*The hospital is open 24 hours a day and provides care for the person in a situation of violence that occurred at the time and up to 72 hours after the violence. After 72 hours, seek the health unit closer to your home. If necessary, both the Hospital das Clínicas and the health units can refer the woman to the Service for Attention to Domestic Violence and Sexual Assault – SEAVIDAS (16) 3605-3736*

## Free Psychological Counselling

### Barão de Mauá College - Psychology Clinic

📍 Rua Amadeu Amaral, 56 - Vila Seixas  
(building separated from the university)

☎ (16) 3603-6697 (attendance from 16 years old on)

### UNAERP - Psychology Clinic

📍 Av. Costabile Romano, 2201 - Ribeirânia  
(inside UNAERP)

☎ (16) 3603-6933 / 3603-7963 / 3603-7003

### UNIP - Psychology Clinic

📍 Rua Mariana Junqueira, 1346 - Centro

☎ (16) 3632-2656 / 3632-6401




## CREDITS

### Women's House from Ribeirão Preto




The Casa da Mulher (Women's House) is a feminist, autonomous association that provides guidance and assistance to women without distinction of sex, race, creed, generation or social category, with legal personality under private law, of undetermined duration, of an educational nature, guaranteeing social rights. It assists, guides, and directs women in situations of violence and vulnerability to the city's and region's Care Network. It promotes the Training Course for Women Legal Promoters, organizes events, lectures, seminars and conversations based on feminist and popular education, and develops income generation projects based on women's socioeconomic issues.

 **(16) 3441-6435**

 Rua Barão do Amazonas, 1065, CEP: 14010-120 - Ribeirão Preto/SP

 Instagram: @casadamulher\_rp

 Facebook: casadamulher



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## **Combating violence against women: what does characterize this violence and how to report it?**

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Realization and Support



Rho Upsilon Chapter

